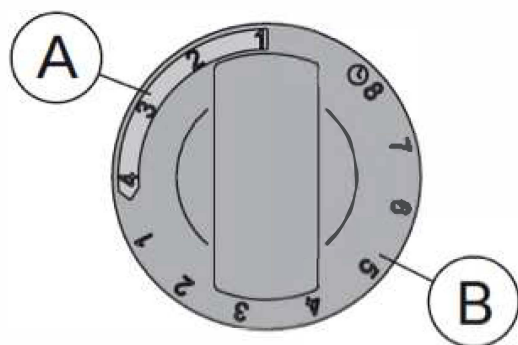


SWITCHING ON THE ELECTRIC SAUNA

Before switching on the sauna, always check the sauna facilities. Please ensure that there are no items of clothing left on the sauna stove and that both the door and window are shut.

HEATING THE STOVE

The sauna stove is controlled with a timer:



At 0

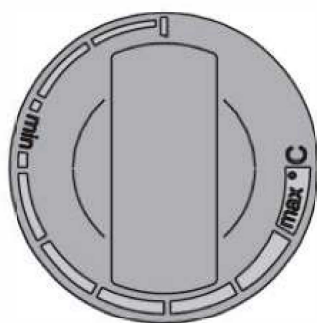
the stove is switched off and will not heat up

1–4 hours (A)

the elements will switch on, the stove will heat up and remain warm for the selected number of hours (h).

1–8 hours (B)

timer setting, the stove will switch on after the selected number of hours. For example: if you choose setting 4, the stove will switch on after four hours and remain warm for four hours unless it is switched off manually.



To adjust the temperature, use the thermostat dial. The best way to find the right temperature for you is through trial and error. We recommend that you start with the highest setting. If you find that this is too hot for you, turn the dial counterclockwise. Please note that even a small adjustment can cause a significant change in the sauna temperature level. As a rule, saunas are at their most enjoyable at around 65–80°C.

As the sauna heats up, heating elsewhere in the property may become switched off. **Please ensure that you switch off the sauna stove as soon as you have finished** to ensure that heating is switched back on elsewhere in the property.

“LÖYLYNHEITTO” – ADDING WATER TO THE STOVE

As the sauna heats up, the air becomes drier. As a result, you will need to increase the humidity by throwing water on the rocks while you are bathing. You will be able to find the right temperature and humidity level through trial and error.

Please note that you must not throw anything other than water onto the rocks.

SWITCHING OFF THE SAUNA STOVE

Turn the timer dial counterclockwise to the 0 position.